



VOLUNTEER APPLICATION FORM

At Open Hands we value every life and are committed to help to meet the basic needs of disadvantaged and vulnerable individuals and families in Leicester. Our aim is to build hope and a future in individuals' lives through offering practical help alongside skills courses, mentoring and volunteering opportunities.

First Name:	Surname:
Contact Number:	
Email Address:	
Postal Address:	
Why would you like to volunteer with Open Hands?	
I give consent for Open Hands to store and use my data to communicate regarding my role within the charity in line with the charity's data protection policy and in accordance with the General Data Protection Regulation (GDPR) guidelines.	
Signed:	Date:

REFERENCE

Please provide details of someone you know in a professional manner (e.g. an employer, teacher, or church leader) who has given their consent to be your referee. We will contact them on receipt of your application.

First Name:	Surname:
Contact Number:	
Email Address:	

Please email your completed application form to: admin@openhandsleicester.org.uk or post to:
Open Hands, c/o Trinity Life Church, Upper Tichborne Street, Leicester, LE2 1GL

PLEASE TICK ANY AREA IN WHICH YOU WOULD LIKE TO VOLUNTEER/FIND OUT MORE:

- | | | |
|--------------------------|---|---|
| <input type="checkbox"/> |  | Serving a free Pukka Pie meal is to anyone in need every Tuesday night at 7pm. <i>Volunteer commitment: Tuesdays 6.30pm-8pm (serving on a team every 3 weeks).</i> |
| <input type="checkbox"/> |  | The Food Store provides referred individuals in need with the opportunity to 'shop' for the emergency food items they need. <i>Volunteer commitment: Tues/Wed/Thurs 9.30am-12.30pm.</i> |
| <input type="checkbox"/> |  | Our drop-in sessions provide individuals in need with access to clothing, household items, and free tea & toast. <i>Volunteer commitment: Tuesdays and/or Thursdays 9.30am-12.30pm.</i> |
| <input type="checkbox"/> |  | The sorting team organises all donated clothing and household items ready for our drop-in session guests. <i>Volunteer commitment: Wednesdays 9am-4pm (for all or part of the day).</i> |
| <input type="checkbox"/> |  | The furniture project provides individuals in need with affordable furniture items. Voluntary roles include joining the delivery team and preparing items. <i>Volunteer commitment: Flexible.</i> |
| <input type="checkbox"/> |  | The Restore project is a furniture restoration mentoring program, involving woodwork, general DIY, and warehouse management. <i>Volunteer commitment: Flexible.</i> |
| <input type="checkbox"/> |  | 'Emerge' is a course designed to build people's self-esteem and confidence. Each participant is offered a mentor to support them. <i>Volunteer commitment: Flexible (mentoring opportunities).</i> |
| <input type="checkbox"/> |  | 'Next Steps' is a mentoring programme that equips disadvantaged individuals with skills and experiences to become more work ready. <i>Volunteer commitment: Flexible (mentoring opportunities).</i> |
| <input type="checkbox"/> |  | Our English Classes give an opportunity for asylum seekers, refugees, and disadvantaged individuals to gain confidence in the English language. <i>Volunteer commitment: Mon/Wed/Fri AM.</i> |
| <input type="checkbox"/> |  | For those gifted in administration, IT, photography, or graphic design there are opportunities to support the charity's office staff during the week. <i>Volunteer commitment: Flexible.</i> |
| <input type="checkbox"/> |  | '6 Degrees' is our coffee house on London Road, where all profits go back into supporting the work of Open Hands. Volunteer roles include barista, cashier, food prep, and more. <i>Volunteer commitment: at least 4 hours, any day Monday-Saturday.</i> |
| <input type="checkbox"/> |  | Hand in Hand offers quality nursery education for 2-4 year olds in the area of Highfields and Braunstone in Leicester. Volunteer roles include reading stories, preparing and helping with Preschool activities, and more. <i>Volunteer commitment: a morning, afternoon, or full day (9-4), any day Monday-Friday.</i> |